

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Harry Shomalistos

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 74.0 kg Division

with a

Bench Press 152.5 kg



Gold

Incentive Badge

Clifford Hayim
Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

APPLICATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Marcel Vorster

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 66.0 kg Division

with a

Bench Press 152.5 kg



Elite 2

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Mathew Cosmo

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a

Bench Press 187.5 kg



Silver

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Ryan Miller

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 83.0 kg Division

with a

Bench Press 172.5 kg



Gold

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Shaun Roos

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 105.0 kg Division

with a

Bench Press 207.5 kg



Elite 1

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Antoinette Kriel

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 57.0 kg Division

with a

Bench Press 80.0 kg



Silver

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Benedict Bucarizza

in 2014 was awarded

PROVINCIAL BENCH PRESS COLOURS

in the 120.0 kg Division

with a

Bench Press 230.0 kg



Elite 2

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation

**SOUTH AFRICAN
POWERLIFTING FEDERATION**

AFFILIATED TO THE INTERNATIONAL POWERLIFTING FEDERATION

Andre Kloppers

in 2014 was awarded

PROVINCIAL SUB-JUNIOR BENCH PRESS COLOURS

in the 105.0 kg Division

with a

Bench Press 150.0 kg



Brown

Incentive Badge

Clifford Hayim

Chairman

Gauteng

Powerlifting Federation